



# FILASKY'S PRODUCE CSA NEWSLETTER

What you are getting this week, tips on how to use it and what is going on around the farm!

What you get:

- \*Johnny's Sweet Corn
- \*Winkler Farms Kale
- \*Filasky's Fall Squash
- \*Local Green Beans

- \*Baby Bok Choy
- \*Milburn's Peaches
- \*Assorted Fancy Grapes

What to do with it:

Johnny's corn should be in the refrigerator in the husk until ready to use. Beans, Bok Choy and kale should be refrigerated until ready to use. Let the peaches sit at room temperature when ready to eat, they will melt in your mouth! The fall squash is very hardy, it can keep a few weeks on the counter, I don't usually refrigerate them. The grapes are a fun treat! Green are cotton candy, long purple are Moon Drops, and round ones are Concord grapes..which do have seeds so be careful. This variety is what they make grape juice and jam from!

What's happening:

You'll notice some pumpkins decorating the market and fall squash all around, Fall is definitely here! Plenty of summer goodies around as we transition to our favorite time of year of hayrides and bonfires. The kale this week comes from the Winkler's, Julie, Vince, and Frank have grown a bunch of fall Cole crops for a fall CSA to start in October. We'll give our current CSA members first dibs on a limited number of shares, with details in a week or so! Enjoy!